**gwiP Pvl c×wZ**



**cywó g~j¨** ïK‡bv gwi‡P Avwgl, cÖPzi cwigv‡Y K¨vjwmqvg I wfUvwgb ÔwmÕ \_v‡K|

**‡flR¸Y t** wbqwgZ fv‡e KvuPv gwiP †L‡j gy‡L ÔNvÕ nq bv|

**e¨envi t** ivbœvevbœv I gyL‡ivPK Lvevi ˆZwi Qvov I gwiP wewfbœ ai‡bi AvPvi ˆZwii Dcv`vb wn‡m‡e e¨envi nq| A‡b‡K gwi‡Pi AvPviI K‡i \_v‡Kb|

**Dchy³ Rwg I gvwU t** cÖPzi Av‡jv-evZvm Ges cvwb, †mP I wbKv‡ki e¨e¯’v Av‡Q Ggb †`v-Avuk gvwU gwiP Pv‡li Rb¨ Dc‡hvMx|

**RvZ cwiwPwZ t** Svj I wgwó G ai‡bi gwiP †`Lv hvq| Svj gwiwPi g‡a¨ e¸ov, Pvu`cyix, dwi`cyix D‡jøL‡hvM¨| GQvov KvgivsMv, AvKvjx I Kv‡jv gwiP Lye Svj|

km¨ K¨v‡jÛvi

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | E:\Action Learning\images.jpg | |  | | |  | |  | |  | |  | |
| Pv‡li avcmg~n | ‰ekvL | ‰Rô¨ | Avlvp | | kÖveY | fv`ª | Avwk¦b | KvwZ©K | AMÖnvqY | ‰cxl | gvN | dvêyb | ‰PÎ |
| exRecb |  |  |  |  | |  |  |  |  |  |  |  |  |
| Pvl |  |  |  |  | |  |  |  |  |  |  |  |  |
| dmj †Zvjv |  |  |  |  | |  |  |  |  |  |  |  |  |

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**Pviv ˆZwi t** Rwg fvjfv‡e Pvl w`‡q AvMvQv evQvB K‡i 3-1 wgUvi AvKv‡ii exRZjv K‡i ‡mLv‡b exR ecb Kiv nq| kxZKv‡ji Rb¨ fv`ª-Avwk¦b gv‡m I el©v †gŠmy‡gi Rb¨ dvêyb-‰PÎ gv‡m exRZjvq exR ecb Kiv nq| Pviv 10 †m.wg. DuPz n‡j †ivc‡Yi Dc‡hvMx nq|   
  
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**Pviv †ivcY t** AvMvQv cwi®‹vi K‡i 4-5wU Pvl w`‡q Rwg cÖ¯‘wZi ci Pviv †ivcb Kiv nq| Pviv †ivc‡Y mvwi †\_‡K mvwii `~iZ¡ 60-70 †m.wg. I Pviv †\_‡K Pvivi `~iZ¡ 30-40 †m.wg. ivLv nq| Pviv we‡K‡j jvMv‡Z n‡e Ges 2-3 w`b mKvj-weKvj cvwb w`‡Z n‡e|

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**mvi e¨e¯’vcbv t** gwi‡Pi Rwg‡Z cÖwZ †n±‡i †Mvei 10 Ub, BDwiqv 250 †KwR, wUGmwc 200 †KwR Ges GgIwc mvi 150 †KwR cÖ‡qvM Kiv nq| Rwg ‰Zwii mgq mgy`q †Mvei, wUGmwcI 50 †KwR GgIwc mvi cÖ‡qvM Kiv nq| Pviv †ivc‡bi 25 w`b ci 84 †KwR B&Dwiqv I 34 †KwR GgIwc mvi cÖ\_g Dcwi cÖ‡qvM Kiv nq| jvMv‡bvi 50 w`b ci 2q I 70 w`b ci Z…Zxq wKw¯Íi Dcwi mvi cÖ‡qvM Kiv nq| 2q I 3q wKw¯Íi cÖwZev‡i 83 †KwR BDwiqv I 33 †KwR GgIwc mvi cÖ‡qvM Kiv nq|

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**‡mP I AvMvQv e¨e¯’vcbv t** Rwg‡Z i‡mi Afve n‡j †mP w`‡Z n‡e I cvwb wbKv‡ki e¨e¯’v ivL‡Z n‡e| AvMvQv †`Lv w`‡j Zv cwi®‹vi Ki‡Z n‡e Ges Dcwi mvi cÖ‡qv‡Mi mgq †Kv`vj w`‡q Kzwc‡q AvjMv K‡i w`‡Z n‡e|



**‡cvKv**

**‡cvKvi bvg t mv`vgvwQ**

**f‚wgKv t** Lye †QvU AvKv‡ii G †cvKv cvZvi im Pz‡l Lvq| d‡j Mv‡Qi evoevowZ e¨nZ nq| ZvQvov G †cvKv Kv‡jv mywU‡gvì bvgK QÎvK cvZvq Rb¥v‡Z mnvqZv K‡i Ges fvBivm †ivM Qovq|

**‡cvKv †Pbvi Dcvq t**

mv`v is‡qi G †cvKv Mv‡Qi cvZvi wb‡Pi w`‡K \_v‡K| j¤^vq 1 wgwjwgUv‡ii †P‡q mvgvb¨ eo| Mv‡Qi cvZv mvgvb¨ bvov w`‡j D‡o P‡j hvq| G mKj †cvKvi kixi mv`v ‡gvg RvZxq c`v\_© Øviv XvKv \_v‡K|

**ÿwZi bgybv t**

* cvZvi wb‡Pi w`K n‡Z cÖvß eq¯‹ I AcÖvßeq¯‹ (wbõ) †cvKv cvZvi im Pz‡l Lvq d‡j cvZvi im Pz‡l Lvq d‡j cvZv KzuPz‡K hvq Ges Mv‡Qi e„w× e¨vnZ nq|
* Avµg‡b cÖ\_‡g cvZvq mv`v ev nj‡`‡U is †`Lv hvq c‡i `vM ¸‡jv GK‡Î n‡q meyR wkivmn cvZv njy` n‡q hvq|
* G †cvKv LvIqvi mgq AvVv‡jv wgwó im wbtmiY K‡i weavq H AvVv‡Z Kv‡jv QÎvK Rb¥v‡Z mnvqZv K‡i|
* G †cvKv fvBivm †ivM Qovq|

**AbyK‚j cwi‡ek t** Dò I ï®‹ AvenvIqv G †cvKv we¯Ív‡ii Rb¨ mnvqK|

**Rxeb Pµ t** G †cvKv mvaviYZ cvZvi wb‡Pi w`‡K AwZ ÿz`ª mv`v wWg cv‡o| wWg c‡i ev`vgxi is aviY K‡i I 3-17 w`b ci wWg dz‡U wbõ (ev”Pv) †ei nq| ev”Pv meyRvf mv`v, 2-6 mßvn wbõ Ae¯’vq †\_‡K c~Y©v½ †cvKvq cwiYZ nq| c~Yv©½ †cvKv 10-15 w`b evu‡P|

e¨e¯’vcbv t

* njy` is‡qi AvVv‡jv duv` e¨envi Ki‡Z n‡e| cÖwZ wjUv‡ii 5 MÖvg Kvco KuvPv mvevb wgwk‡q †¯úª Ki‡Z n‡e|
* Aby‡gvw`Z KxUbvkK wba©vwiZ gvÎvq e¨envi Ki‡Z n‡e|

**w\_ªcm**

**‡cvKvi bvg t w\_ªcm**

**f‚wgKv t**

GB GKwU ÿz`ª ‡cvKv| AvµgY evwni n‡Z †evSv hvqbv weavq ÿwZimg~n m¤¢vebv \_v‡K| myZivs gv‡S gv‡S †ÿZ cwi`k©b K‡i dm‡ji Ae¯’v †`‡L Av‡M †\_‡KB e¨e¯’v wb‡Z n‡e|

**‡cvKv †Pbvi Dcvq t**

w\_ªcm AwZ ÿz`ª GKwU †cvKv hv Lvwj †Pv‡L †Kvb g‡Z †`Lv hvq| G †cvKv cvZvi im Pz‡l Lvq| d‡j AwaK Avµg‡Y cvZv KzuP‡Z hvq GgbwK MvQ †\_‡K †Kvb dzjdjbvI Avm‡Z cv‡i| G †cvKv fvBivm †ivMI Qovq|

**ÿwZi bgybv t**

* wbõ (ev”Pv) I c~bv½ cvZvi im Pz‡l Lvq e‡j cvZv KzuKwo‡q hvq Ges A‡bKUv †bŠKvi gZ †`Lvq|
* ‡cvKvi Avµg‡Y cvZv ev`vgx is aviY K‡i|
* bZzb I cyivZb Dfq cvZvq AvµgY K‡i|

AbyK‚j cwi‡ek t Dò I ï®‹ AvenvIqv|

Rxeb Pµ t c~Y©eq¯‹ †cvKv 45-50wU wWg cv‡o| 5-6 w`‡b wWg †\_‡K wbõ (ev”Pv) †ei nq Ges wbõ (ev”Pv) †ei nq Ges wbõ 7-8 w`b ci c~Y©v½ †cvKvq cwiYZ nq| c~Y©v½ †cvK 31 w`b ch©šÍ evu‡P| cvZv bvovPvov Ki‡j Giv D‡o cvjvq|

e¨e¯’vcbv t mv`v is‡qi AvVv‡jv duv` e¨envi

* gvKomv G‡cvKv Lvq weavq Gi msL¨v evov‡bv †M‡j mn‡RB w\_ªcm `gb Kiv hvq|
* Aby‡gvw`Z KxUbvkK mwVK gvÎvq cÖ‡qvM|

**Rve‡cvKv**

‡**cvKvi bvg t** Rve‡cvKv

**f‚wgKv t** c~Y©v½ I wbõ (ev”Pv) cvZv, dzj,KwP dj I WMvi im Pz‡l Lvq| AwaK Avµg‡Y Mv‡Qi evoevowZ K‡g hvq I djb Kg nq| G †cvKv fvBivm †ivM Qovq|

‡cvKv †Pbvi Dcvq t Rve †cvKv AwZ †QvU, †`n big I D¾¡j Kvj is‡qi n‡q \_v‡K| cv LvIqvjv Rve‡cvKv Do‡Z cv‡i wKš‘ wbõ ev cvLvwenxb Do‡Z cv‡i bv| Giv `je×fv‡e evm K‡i|

ÿwZi bgybv t c~Yv©½ I wbõ cvZv, dzj KwP dj I WMvi im Pz‡l Lvq|

* cvZv KzuK‡o hvq, Mv‡Qi e„w× I dzj, dj aviY evavMÖ¯Í nq|
* G‡cvKv †\_‡K wbtm„Z gayi †m Kv‡jvïwU †gvì QÎvK Rb¥vq|

AbyK‚j cwi‡ek t evZv‡m Av`ªZv †ekx I †gNjv AvKvj|

Rxeb Pµ t G‡cvKv †Kvb †hŠbwgjb QvovB 10-12 w`‡bi g‡a¨ 8-30wU wbõ Rb¥ w`‡Z cv‡i| wbõ Ae¯’v 5-8 w`b \_v‡K| cvLvwenxb Rve‡cvKv 24 N›Uvi g‡a¨ ev”Pv w`‡Z cv‡i| Giv mviv eQi eskwe¯Ívi K‡i|

e¨e¯’vcbv t Avµg‡Yi cÖv\_wgK Ae¯’vq nvZ w`‡q wc‡l †g‡i †djv|

* ‡jwWevW© weU‡ji c~Y©v½I Kxov (Møve) Ges wmiwdW d¬vB Gi Kxov Rve‡cvK Lvq weavq G‡`i msiÿY I msL¨v evov‡bv †M‡j Rve‡cvKv AwZ `ªZ †L‡q †d‡j|
* Aby‡gvw`Z KxUbvkK e¨envi Kiv|

‡cvKvi bvg t dj wQ`ªKvix †cvKv

f‚wgKv t

G †cvKi g\_wbkvPi Ges iv‡Zi Av‡jv‡Z AvK…ó nq| †cvKvi Kxovi Avµg‡Y gwiP wQ`ªhy³ †`Lvq I evRvi g~j¨ K‡g hvq|

‡cvKv †Pvbvi Dcvq t gv †cvKv‡K (g\_) mvaviYZ ivZ Qvov †`Lv hvq bv| Kxov‡K (ev”Pv) d‡ji g‡a¨ †`Lv hvq| Kxov j¤^vq cÖvq 2 BwÂ| Kxovi Mv‡qi is Kvj‡P a~mi †\_‡K nvjKv ev`vgx Ges kix‡ii Dfq cv‡k¦© j¤^vjw¤^ nvjKv Kvj I ev`vgx is‡qi `vM †`Lv hvq|

ÿwZi bgybv t Kxov d‡ji †evUvi Kv‡Q wQ`ª K‡i †fZ‡ii Ask Lvq|

* GKwU †cvK GKvwaK d‡j AvµgY Ki‡Z cv‡i Ges d‡ji †fZi Kxoviweôv I cPb †`Lv hvq|
* AvµvšÍ dj Amg‡q cv‡K|

AbyK‚j cwi‡ek t weKí †cvl‡Ki Dcw¯’wZ|

Rxeb Pµ t g\_ cvZvi wb‡P 200-300 wWg cv‡o| 3-4 w`‡b wWg †dv‡U Kxov †ei nq| †QvU Kxov GK‡Î \_v‡K Z‡e eo n‡j mviv gvV Qwo‡q c‡o| Kxov 14-16 w`b ci cyËwj‡Z cwiYZ nq| cyËwj 2-3 BwÂ gvwUi Mfx‡i \_v‡K| 10-15 w`b ci cyËwj n‡Z c~Y©v½ g\_ †ei nq| RxebPµ m¤úbœ Ki‡Z 30-35 w`b jv‡M| Giv eQ‡i 8 evi eskwe¯Ívi K‡i|

e¨e¯’vcbv t Rwg †\_‡K wWg I Kxov msMÖn K‡i bó Kiv|

* cÖwZ weNvq 15wU nv‡i †m· †d‡ivgb duv` e¨envi K‡i cyiæl g\_ †g‡i ‡djv|
* cÖwZ mßv‡n GKevi K‡i ciRxex †cvKv; UªvB‡KvMÖvgvKvB‡jvwbR e¨envi (cÖwZ †n±‡i 1 MÖvg wWg) Kiv|
* Aby‡gvw`Z KxUbvkK e¨envi Kiv|

gwi‡Pi PIovgvKo

bvg t PIovgvKo

f‚wgKv t G‡`i cv 8 wU e‡j gvKo e‡j| evwj KYvi gZ ÿz`ª e‡j †`Lv hvqbv wKš‘ G‡`i Avµg‡Y dm‡ji e¨vcK ÿwZ n‡q \_v‡K|

gvKo †Pbvi Dcvq t gvKo AwZ ÿz`ª, Lvwj †Pv‡L †`Lv hvqbv, is mv`v ev nj‡`| Giv cvZvi wb‡P ga¨ wkiv wN‡i `je×fv‡e emevm K‡i| ‡`n big, wW¤^vK…wZi| Giv KvuKovi gZ †`Lvq|

ÿwZi bgybv t cvZvi bx‡P †\_‡K im Pz‡l Lvq d‡j cvZvi wkivi ga¨Kvq GjvKvi ev`vgx is aviY K‡i I ïwK‡q hvq|

* AvµvšÍ cvZv KzuKwo‡q hvq Ges KwP cvZvi bx‡Pi w`‡K †eu‡K †cqvjv AvK…wZi n‡q hvq I cvZv myiæ nq|
* e¨vcK Avµg‡Y cvZv †f‡½ hvq|
* djb e¨vcK fv‡e K‡g hvq|

AbyK‚j cwi‡ek t weKí ‡cvlK|

Rxeb Pµ t ¯¿x gvKo cvZvi bx‡P 30-76 wU wWg cv‡o| 2-3 w`‡bi g‡a¨ wWg †\_‡K Kxov †ei nq| 2-3 w`b ci Kxov ¸‡jv wb‡õ cwiYZ nq Ges 1 w`b ci c~Y©v½ gvK‡o cwiYZ nq| c~Y©v½ ¯¿xgvKo 8-13 w`b evu‡P I cyiæl gvKo 5-9 w`b euv‡P|

e¨e¯’vcbv t Avµg‡Yi ïiæ‡Z nvZ w`‡q AvµvšÍ cvZv msMÖn K‡i aŸsk Ki‡Z n‡e|

* cÖwZ wjUvi cvwb‡Z wbg‡Zj 5 wgwj + 5 wgwj wUªKw¯§wk‡q cvZvi wb‡Pi w`‡K †¯úª Ki‡Z n‡e|
* cvBwi\_ª‡qW RvZxq KxUbvkK cÖ‡qvM h\_vm¤¢e Gwo‡q Pj‡Z n‡e|
* Aby‡gvw`Z gvKobvkK cÖ‡qvM Ki‡Z n‡e|

‡iv‡Mi bvg t ÿZ, Gb\_ªvK †bvKevWvBe¨vK

‡iv‡Mi KviY t Kwj‡UvwUªKvgK¨vcwmwm bvgK QÎvKØviv G‡ivM nq|

f‚wgKv t G‡iv‡Mi Avµg‡Y MvQ eo nqbv, cvZvq `vM c‡o I WMv †\_‡K ïiæ n‡q cy‡iv MvQ g‡i †h‡Z cv‡i| gwi‡P AvµgY n‡j gwi‡Pi djb Kg nq Ges is weeY© nIqvq evRvi g~j¨ K‡g hvq|

ÿwZi bgybv t Pviv I eq¯‹ Mv‡Qi cvZv, Wvj, dzjdj AvµvšÍ nq|

* AvµvšÍ cvZv S‡i hvq I WMv Dci n‡Z gi‡Z ïiæ K‡i|
* AvµvšÍ MvQ d¨vKv‡k eY© aviY K‡i, `ye©j n‡q hvq I dj aviY ÿgZv K‡g hvq|
* d‡ji Dci †MvjvKvi Kvj `vM c‡o Ges `v‡Mi Pvwiw`‡K Mvp njy` wis ev ejq \_v‡K| G `vM e„w× †c‡q dj cuwP‡q †`q I S‡i c‡o|
* AvµvšÍ MvQ `ªæZ g‡i hvq|

AbyK‚j cwi‡ek t Av`ª AvenvIqv I AwaK e„wócvZ G‡ivM we¯Ív‡i mnvqZv K‡i|

we¯Ívi t Mv‡Qi cwiZ¨v³ Ask, weKí‡cvlK n‡Z evqy, cvwb, BZ¨vw`i gva¨‡g we¯Ívi jvf K‡i| ZvQvov ex‡Ri gva¨‡gI G‡iv‡Mi we¯Ívi nq|

**e¨e¯’vcbv t** my¯’ MvQ †\_‡K exR msMÖn Ki‡Z n‡e|

* AvµvšÍ Mv‡Qi cwiZ¨v³ Ask aŸsk Ki‡Z n‡e|
* Aby‡gvw`Z QÎvKbvkKØviv exR †kvab K‡i exR ecb Ki‡Z n‡e|
* ‡ÿ‡Z †iv‡Mi AvµgY †`Lv gvÎ Aby‡gvw`Z QÎvKbvkK cÖ‡qvM Ki‡Z n‡e|

**cvZv cuPv**

**‡iv‡Mi bvg t** cvZv cuPv

**‡iv‡Mi KviY** **t** Pzqvwb †dviv bvgK QÎv‡Ki Avµg‡Y G‡ivM nq|

**f‚wgKv t** †ÿ‡Z AvµgY †ekx n‡j m¤ú~Y© dmj bó n‡q hvevi m¤¢vebv Av‡Q| G Kvi‡b †iv‡Mi Avµg‡bi ïiæ †\_‡KB mveavbZv Aej¤^b Kiv DwPZ|

**ÿwZi bgybv t** Pviv I eq¯‹ Mv‡Qi kvLvcÖkvLv, cvZv, dzj I dj G‡iv‡M AvµvšÍ nq| cÖ\_‡g cvZvq cvwb †fRv `vM †`Lv hvq| c‡i G `vM e„w× cvq I AvµvšÍ AskweeY© n‡q Kvj‡P is aviY K‡i Ges cvZv `ªæZ cu‡P hvq| AbyK‚j cwi‡e‡k 5-7 w`‡bi g‡a¨ m¤ú~Y© MvQ g‡i †h‡Z cv‡i|

**AbyK‚j cwi‡ek t** D”PZvcgvÎv I m¨uvZmu¨v‡Z AvenvIqvq G‡ivM `ªæZ Qovq|

**we¯Ívi t** evqy, AvµvšÍ As‡ki gva¨‡g G‡ivM Qovq|

**e¨e¯’vcbv** t dm‡ji cwiZ¨K&\_ Ask bó Ki‡Z n‡e|

* MvQ AvµvšÍ nIqv gvÎB Aby‡gvw`Z QÎvKbvkK †¯úª Ki‡Z n‡e|

**wjdKvj©**

**‡iv‡Mi bvg t** wjdKvj©

**‡iv‡Mi KviY t** GKcÖKvi fvBivm

**f‚wgKv t**

‡h‡Kvb eq‡mi MvQ AvµvšÍ n‡Z cv‡i Z‡e eq¯‹ MvBB †ekx AvµvšÍ nq| cvZv KzuKwo‡q hvq e‡j Mv‡Qi mvaviY e„w× e¨nZ nq I djb K‡g hvq|

**ÿwZi bgybv t**

* AvµvšÍ Mv‡Qi cvZv KzuKwo‡q hvq I mvaviY cvZv A‡cÿv cyiæ nq|
* Mv‡Qi ce©ga¨ †QvU nq I MvQ LvU AvKv‡ii nq|
* dzj I dj aviY ÿgZv K‡g hvq|
* fvBivm AvµvšÍ MvQ g‡i hvq bv Z‡e cybivq ¯^vfvweK I nq bv|

**AbyK‚j cwi‡ek t** weKí ‡cvl‡Ki Dcw¯’wZ

**we¯Ívi t** †cvKvØviv G‡iv‡Mi we¯Ívi N‡U|

**`gb t** Av‡kcv‡ki †mvjv‡bwm cwiev‡ii Ab¨vb¨ †cvlK Dw™¢` aŸsm Ki‡Z n‡e|

* Aby‡gvw`Z KxUbvkK mwVK gvÎvq cÖ‡qvM Ki‡Z n‡e|



**dmj msMÖn t** dzj Avmvi ci 15-20 w`‡bi g‡a¨ KvuPvgwiP †Zvjv nq| Z‡e gwi‡Pi is jvj n‡j Zz‡j †iv‡` ïwK‡q msiÿY Kiv hvq| cÖwZ †n±‡i djb KvuPv 10-11 Ub I ïK‡bv 1.5-2.0 Ub|

**Pvl c×wZ**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **exRecb c×wZ** | **exRZjvi AvKvi** | **mvwi I Pvivi `~iZ¡** | **Pviv †ivc‡bi mgq** | **‡mP c×wZ** | **dmj msMÖn mgq** |
| mvwi‡Z | 3-1 wgUvi AvKv‡ii | mvwi †\_‡K mvwii `~iZ¡ 60-70 †m.wg. I Pviv †\_‡K Pvivi `~iZ¡ 30-40 †m.wg. | Pviv 10 †m.wg. DuPz n‡j †ivc‡Yi Dc‡hvMx | Pviv we‡K‡j jvMv‡Z n‡e Ges 2-3 w`b mKvj-weKvj cvwb w`‡Z n‡e| | dzj Avmvi ci 15-20 w`‡bi g‡a¨ gwi‡Pi is jvj n‡j Zz‡j †iv‡` ïwK‡q msiÿY Kiv |

fvm©b t 1.0

**evsjv‡`k BÝwUwUDU Ad AvB wm wU Bb‡W‡fjc‡g›U (we AvB AvB wW)**

Z\_¨ m~Ît [www.ais.gov.bd](http://www.ais.gov.bd),K…wl cÖhyw³ nvZ eB(we.G.Avi.AvB),krishitey.com

K…wl msµvšÍ ‡h‡Kv‡bv Z‡\_¨i Rb¨ †hvMv‡hvM Kiæb-

[www.e-krishok.com](http://www.e-krishok.com)



e-krishok

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